

GALLMET EXTRA enterosolvent food supplement capsules contain enzymes, bile acids and herbs to support the proper functioning of the pancreas, bile, liver and digestive tract

Packaging: 10, 30, 60, 90 capsules

Net weight: 6,9 g, 20,7g; 41,4g; 62,1g

Ingredients: yarrow shoot extract; lyophilised ox bile; hydroxypropyl methylcellulose, soya lecithin; microcrystalline cellulose; artichoke leaf extract; alfa-amylase enzyme; lipase enzyme; milk thistle seed extract, papain enzyme, bromelain enzyme; gellan-gum; silicon dioxide.

- **Papain and bromelain are protein-digesting enzymes.**
- **Lipase is involved in the digestion of fats and amylase in the digestion of starch.**
- **Yarrow contributes to digestive comfort.**
- **Milk thistle promotes digestion, proper liver function, bile production and protects the liver.**
- **Artichoke contributes to liver health, detoxification of the body and intestinal comfort, aiding the flow of digestive juices.**

Recommended daily amount: 2x1 or 2x2 or 3x1 or 3x2 capsules directly before main meals according to body weight and individual reaction.

Do not take more than the recommended amount! Store out of the reach of children in a cool dry place. The food supplement does not replace a balanced, varied diet and healthy lifestyle.

Active substances in the daily amount: in case of 2 or 3 main meals (maximum 6 capsules daily):

Number of capsules	2	3	4	6
Yarrow extract (mg)	250	375	500	750,0
Lyophilized Ox bile (mg)	200	300	400	600,0
Soya lechitin (mg)	166,6	249,9	333,2	499,8
Artichoke (mg)	100	150	200	300,0
Out of this cynarine (mg)	2,5	3,75	5,0	7,5
Amilase (mg / Ph.Eur.U)	100/ 1505	150/ 2257,5	200/ 3010	300/ 4515
Lipase (mg / F.I.P. unit)	100 /1000	150/ 1500	200/ 2000	300/ 3000
Milk thistle-extract (mg)	63,4	95,1	126,8	190,2
Out of this silymarine (mg):	50,7	76,0	101,4	152,1
Papain (mg / F.I.P. unit)	30 /15,6	45/ 23,5	60 /31,3	90 / 47,0
Bromelain (mg/F.I.P. unit)	20 / 100	30 / 150	40 / 200	60 / 300

The product must not be taken during a gallbladder attack, jaundice caused by a blockage of the bile ducts, allergies to the ingredients, acute pancreatitis and pregnancy. Depending on individual sensitivity, slight diarrhoea and nausea may occur in the first few days. It is contraindicated to use any other product that affects the gallbladder while taking this capsule.

GALLMET is tested and compliant product by international EUROFINS laboratory (microbiology, contaminants, toxic substances, heavy metal, radioactivity, doping, allergy: lactose, gluten, casein). See on the websites of the product.

Country of origin: EU

Licence owner: GALLMED Ltd

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For expiry see the date on the side of packaging: day-month-year